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E-NEWS

What's New?

Extra Large **Thermage** Tip for Body Shaping

It is already released in the U.S.

Procedure time will be reduced.

With the new design the discomfort of the treatment has been virtually eliminated.

Tummy Reduction, Tightening of skin on the tummy, buttocks, knees and thighs.

The exact release date is still pending.

Stay tuned!



New Eyelash-lengthening Drug Approved in the USA and soon to be approved in Canada!!!!

Latisse, a drug used for eyelash lengthening, has been approved by the Food and Drug Administration. **Bimatoprost** is the main compound in the product that enables lashes to grow longer and darker. Other eyelash lengthening products have been unsuccessful, such as Jan Marini Skin Research's Age Intervention Eyelash. The FDA claimed the product's containment of bimatoprost caused patients to have swollen eyes; **Latisse** contains a much smaller amount of bimatoprost. **Latisse** is manufactured by Allergan and costs \$120, available with a physician's prescription or in the physician's office. The eyelash lengthening drug, which lasts two to four months, has been deemed a solution to hypotrichosis or lack of hair growth. While physicians say that **Latisse** could be useful for promoting hair growth in both eyebrows and the scalp, Allergan notes that the company has not explored other uses for the drug. Side effects of using

Latisse include darkened eyelid skin, itching, and redness.

The Monthly top 10 Surgical Questions

1. How long after breast augmentation can I resume my exercise and normal activities?

Answer:

Immediately after surgery. We do not require you to slow down or take time off.

2. When can I resume sexual relations after surgery?

Answer:

This depends on the surgery- except for facelift, eyelid and abdominal surgery; you can have normal sexual relations immediately after surgery.

3. How long does the bruising last with liposuction?

Answer:

The bruising can last 10 days to 3 weeks, rarely longer than this.

4. If I am planning to have surgery so I can be in a bikini/bathing suit this summer (June) when should I have my surgery.

Answer:

This is dependent on the type of surgery. The longest is a tummy tuck which should be done 2 to 4 months prior to the summer- so NOW!! For Liposuction the biggest change is in the first month with ongoing changes for 3 to 4 months. For a facelift/eyelid surgery at least one month prior. Breast Surgery can be done in the summer but you may want to do it before if you do not want people to notice!

5. Does Breast Augmentation hurt?

Answer:

The most common comment is that the chest may feel tight due to the swelling. We put long acting freezing inside the pocket which makes the recovery very easy.

6. Is there something that can be given to prevent the nausea from the anesthetic?

Answer:

Yes there are several medications which for the most part prevent post – operative nausea, of course this is not 100% but patients generally have a lot less post operative symptoms.

7. Can I go in the sun after a facelift?

Answer:

Yes you can

8. Does the fat removed from one part of my body after liposuction cause fat to grow in other areas?

Answer:

No. If you gain weight you may gain it in other areas. The key is to keep a steady weight or lose weight after liposuction

9. Can you take the fat from my hips and put it in my bottom or Breasts?

Answer:

Yes, this is call Micro-fat Transfer

10. Is there anything I can do to speed up the healing process?

Answer:

Yes, this can be done 2 ways.



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| | <ol style="list-style-type: none">1) With supplementation with the proper nutrients,2) Gentle Waves LED Therapy. |
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