



Glossary of Terms
Botox: A neurotoxin made by paralyzing specific nerve junctions from type A.
Dermal fillers (aka soft tissue lifts): Injectable liquids used to reduce and smooth facial wrinkles and pump up lips. Some include Alloderm, CosmoPlast and CosmOzeon. All include, Hylafirm, Restylane and Perlane.
Injectables: See dermal fillers.
Microdermabrasion: Permanent makeup.
Peels (aka chemical peels): Used to treat the skin's outer surface, and with age, skin becomes thicker, losing skin and cell turnover.
Photorejuvenation (aka photo facial or IPL): A laser treatment that combats red and brown spots on the skin caused by hyperpigmentation (skin discoloration or spots on the face), rosacea, broken capillaries and sun or acne damage.
Neurotoxin: See Botox.
Schroth therapy: Traction therapy for the treatment of scoliosis.
Therage: A collagen-replenishing serum aimed at complementing Botox treatment.



Fixer-Upper

With non-invasive treatments all the rage, you can improve on perfection with the help of these Toronto clinics and surgeons. by Chris Mudry

"There's never been a more vibrant time in Toronto's cosmetic surgery scene," says Dr. Trevor Born, a board-certified plastic surgeon and founder of the Toronto Institute of Aesthetic Plastic Surgery. "The city has become a hub for the latest and greatest in non-invasive cosmetic procedures."

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...his skin and the deep grooves beneath it. "There's never been a more vibrant time in Toronto's cosmetic surgery scene," says Dr. Trevor Born, a board-certified plastic surgeon and founder of the Toronto Institute of Aesthetic Plastic Surgery. "The city has become a hub for the latest and greatest in non-invasive cosmetic procedures."

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ARTICLE HIGHLIGHTS

- > Toronto Institute of Aesthetic Plastic Surgery Dr. Trevor Born, 199 Avenue Rd., 2nd floor, 416-971-7546, drborn.ca.
- > Through he specializes in breast lifts and augmentation, as well as body contouring, Born is arguably most recognized for his use of dermal injectables. He trains in California, Paris and Zurich, and joined the institute in 1997. If his medical laurels don't impress, try this on for size: He won a Pan Am Games bronze medal in sailing in Winnipeg in 1999.

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